

Top 10
Paracord
Tricks You
(Probably)
Don't Know...

IMPORTANT DISCLAIMER

ABOUT THIS INFORMATION

This book is for information purposes only. Do not attempt any of the techniques shown unless under the guidance of a fully qualified professional. Always consult your physician before engaging in any physical activity. The author assumes no responsibility for any injury that may occur as a result of using these techniques. All of these techniques may ONLY be used in justifiable circumstances where care is taken not to infringe local laws regarding legal restraint and use of force.

PLEASE Share This Program

Know someone who's into new survival strategies?

Then feel free to pass this special report on to them!

Trust me... they'll thank you for it over and over again!

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From The Editor

The braided paracord bracelet has become almost the unofficial secret handshake of preppers and survivalists. It's so recognizable that we actually discourage people from wearing it if they don't want to give themselves away as a survivalist.

550 cord has been around since World War II. It has become the industry standard of cordage, the one against which all other cordage is compared. You either carry cord that's thicker than it or you carry cord that's thinner. But it is really the mainstay of the survival community.



The reason 550 cord is so enduring is that it's so useful. If you don't have miles of this stuff tucked away in your gear, you are really missing out.

The problem is, apart from knowing that it's useful, a lot of preppers never really stop to think about all the things paracord can do... and so they're missing out on some valuable "prepper" applications.

These are paracord tricks that could save your life in the right situation. That's what this little paracord "cheat sheet" is all about.

As always, train hard, stay safe, and prepare now.

Prepare. Train. Survive.

A handwritten signature in blue ink that reads "Jeff Anderson".

Jeff Anderson
Editor
Modern Combat & Survival

About The Expert

This report was prepared with the input of Kevin Estela. Kevin is the owner and Head Instructor of Estela Wilderness Education and a regular contributing author for numerous survival websites and magazines.

He's also a guest speaker at various sportsmen's shows, speaking engagements, and webinars, where he teaches bushcraft and survival skills. He's even been featured on the History Channel as an on-air survival expert.



On top of all that, Kevin is also an accomplished martial artist with ranks in Applied Self-Defense and Brazilian Jiu Jitsu. He is an instructor in Sayoc Kali Filipino Martial Arts. He also has extensive tactical firearms training.

To learn more about Kevin and his training, visit him online at...

www.KevinEstela.com



1: The “Trapo” Trick

You’ll never look at paracord the same way again.

The Trapo is what some in the Filipino Martial Arts Community call the *rock-in-a-sock*.

Often referred to as a paracord “monkey fist”, this simple project can be made using a ball bearing, deep-sea sinker, or other weight.

While it may not look like much, I’ve seen demonstrations where a weight on the end of a paracord lanyard can shatter a cinder block.

Imagine what it will do to a bad-guy’s skull!

Instructions for creating this type of everyday carry weapon can be found on YouTube looking under “monkey fist how-to”.



2: The “Riot Leash” Trick

Paracord can keep your family together in a flash-mob crisis.

A common use of paracord in the military is as a “dummy cord.”

For example, a soldier who was always losing his canteen, or who got caught misplacing his rifle, would have to make a “dummy cord” to essentially attach the missing item to their person.

Typically you do this by tying the item to your belt or a belt loop on your pants, but here’s another use...

If you’re ever trapped unexpectedly in a crowd (even a flash-mob riot), losing track of your child or

grandchild is a scary scenario that could have devastating effects.

Quickly tie a 5-6’ piece of paracord from your belt to the wrist or belt of the child.

This way, they can stay right behind you as you escape to safety, but if you’re unexpectedly separated in the chaos, you don’t lose contact or watch as they get scooped up by the crowd and out of your protection



3: The “Para-Rescue” Trick

Sometimes the only one who can rescue you... is YOU!

Paracord can be used as an improvised harness and rappelling tool.

Now, it's not actual mountain-climbing gear... but a controlled descent down a steep surface is very possible with just paracord.

This is why I personally carry a 100' roll of paracord when staying at hotels...

Let's say a few stories up, there's a fire, and you're trapped.

The only way out is down the side of the building and there's no getting to the fire-escape.

Quickly use paracord to lower your family members one at a time to safety... and then it's your turn!



4: The “Invisible Knife” Trick

Hey buddy, want to see me make a knife appear out of nowhere?

This is a covert shoulder rig that allows you to wear any knife under your arm, like Dirty Harry wore his revolver.

Basically all you do is take your knife sheath and add some holes to attach the paracord if it doesn't already have them.

Next, take a piece of paracord about five feet long.

Tie a big, giant loop in it and go in through the bottom of that knife sheath.

Put one arm through that loop, then put it behind your back and put your other arm through the loop.

The cord goes around your shoulders, with the cord behind your neck, and then you lower your shoulder blades.

Then you hang that knife down underneath where your armpit is and conceal it with a shirt or jacket.



5: The “1, 2, 3 Anchor” Trick

It's as easy as... Well. You know.

If you do any off-roading, you know that sometimes you need to winch your vehicle out of a tough spot.

To do THAT, you need an anchor, something fixed that can be used for leverage with the winch.

But what if there are no trees nearby to anchor to?

This is where the paracord trick I call the One, Two, Three Anchor comes in.

Imagine one stake pounded into the ground followed by another row of stakes behind it, two of them, and then a row of three stakes behind that.

Now imagine paracord running from the first point to the next row, and then paracord running from each of

those points to the three behind them, producing a kind of waterfall effect with the cord.

Each one of those paracord strands is supported by the row that follows it.

These are paracord anchors.

Yes, that means paracord is strong enough to use as an anchor to move a vehicle.

So, assume you're traveling and you only have paracord when you find yourself stuck and need to move your vehicle out of that bad spot.

If you were to cut a few of the branches and pound them into the ground, you could now create an anchor that will help pull you, or be used to help pull you, in the right direction.

It's just a matter of using what you have and doubling, then tripling its strength so that all the component parts reinforce each other.





6: The “Running Sniper” Trick

For the field-expedient sharpshooter on-the-run.

Paracord can be used as an improvised instant rifle stabilizer in the woods.

Whether you’re hunting, or it’s a force-on-force defense scenario, if you’re on the move, it can sometimes be difficult to get a stabilizer for a steady shot

One fast, very effective way to do it is to take some 550 cord and throw it over any branch that you find at roughly the right height.

You can then either rest the barrel in a loop of cord or put your hand inside the cord to give sort of a “reverse monopod” stabilizer for a steadier shot.



7: The “Condom Container” Trick

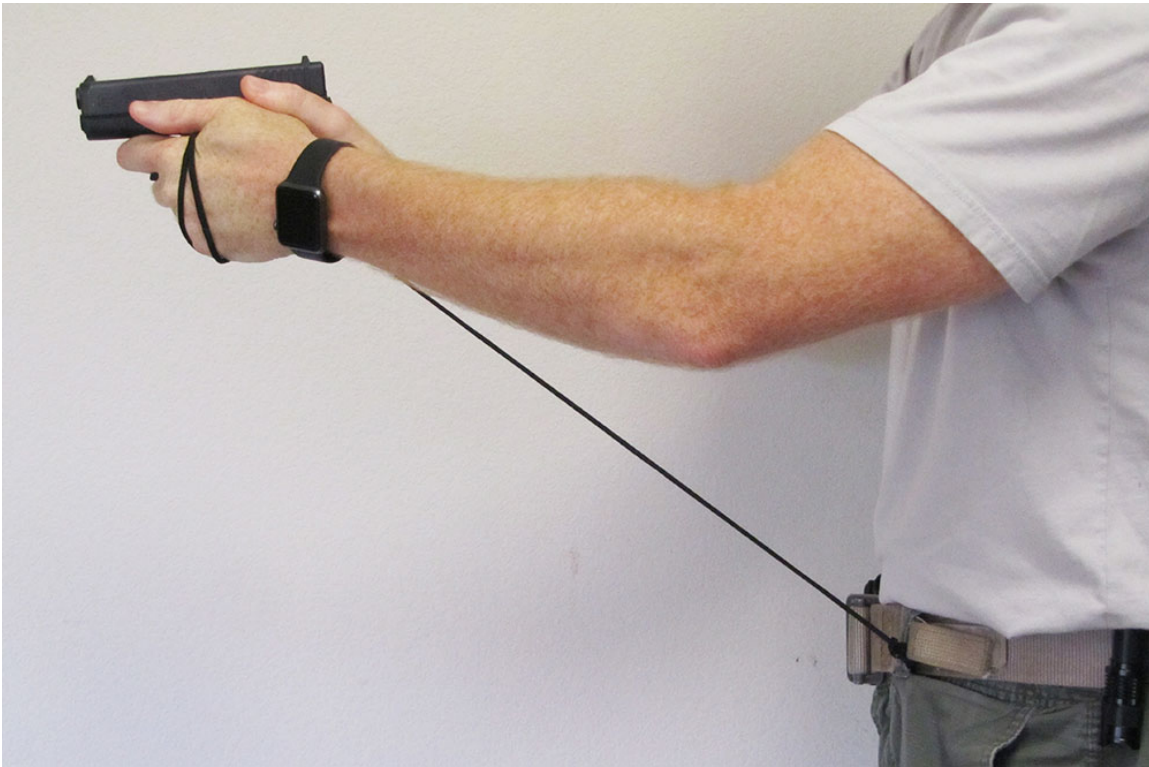
A new form of “protection” everyone can use.

If you're a well-read survivalist, you may have seen paracord projects for a water bottle carrier using “girth hitches and lark's head knots”.

If you've REALLY well-read survivalist, you may have also heard that in a pinch, a condom can act as a great improvised water bottle on the run.

Problem is... water-filled condoms are really hard to carry without breaking.

So rather than trying to keep it in your cargo pocket, simply stick the condom inside your paracord “water bottle carrier” and the cord supports all the weight to keep your condom of water intact!



8: The “Pistol Sniper” Trick

Create additional stability for your handgun... at long range!

Earlier we talked about using a loop of paracord to steady a rifle... but a similar technique can even help you to make “long distance pistol shots”.

As part of your everyday carry gear, keep a 3-4' piece of paracord attached to – and wrapped around – your pants belt.

Then, when you need a steadier shot at a farther distance (like say, against an active shooter), pull out

the cord... wrap your support hand once or twice over at the end... and then push your weapon forward as you line up your sights.

You'll notice that adding in this third “anchor” as the cord pulls tight will help to better stabilize your shooting platform and take some of the sway out of your aim.

Try it at the range and see the difference.



Kevin Estela photograph, originally
from offgridweb.com

9: The “Rattler Alarm” Trick

Protect yourself from bears... and people.

This is something you can use for perimeter security in the woods.

Simply take a bunch of cans and hang them from some paracord between two close trees and dangling together so they’re touching.

Underneath those suspended cans, you’re going to tie a length of paracord around both of the sturdy trees that those cans are hanging in

between. Take a stout stick and put it in between that loop that you just tied around the two trees

Continue rotating the stick to increase the tension - like a turnbuckle – and attached to a tripwire

If the trap is tripped, the stick is set free and starts spinning, striking the cans over and over, making a dramatic noise.



10. The “Budget Bodyguard” Trick

Simple, but easy... and yet it keeps on working.

Tripwires do more than just “trip”... they’re great for setting perimeter alarm devices (like the “Rattler Alarm” trick.)

Once – on a bodyguard contract for a woman stalked by her caretaker – the home alarm system wasn’t dependable so I rigged the paracord I carried with me to several doors

and tied to different types of “noise-makers”.

Tin cans... glass bottles... a glass of marbles...

As “Home Alone” as this may sound, triggering the alarms would let you know which entryway of the home was bypassed by the sound of the materials used in the setup.